

Workplace Bullying Awareness – Online Workshop

Aim: To raise awareness and help prevent different types of disruptive and unacceptable behaviour, workplace bullying and harassment

Duration: 3-hour session delivered via Zoom

Availability: Usually limited to a maximum of 15 attendees

What's included?

Attendees will explore:

- Definitions of bullying, cyberbullying and harassment
- Overview of current legislation
- Different forms and behaviours that bullying can take in the workplace
- Remote working: what makes cyberbullying different?
- The bullying relationship – what makes someone bully?
- Professional, personal and emotional impact of being bullied in the workplace
- Differentiating between performance and conduct
- Current best practice for organisations

All delegates will receive a copy of the slides plus a detailed Bullying Behaviours handout

Who should attend this workshop?

The workshop is suitable for staff at all levels throughout organisations, and particularly:

- Anyone who is leading and managing staff
- HR and Organisational Development professionals
- Anyone who has observed bullying in the workplace and wants to understand more

How to apply

Contact Nicki Eyre at Conduct Change for further information, or to discuss **bespoke** training programmes for your organisation:

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